

REAL SCHOOL

MONTESSORI PARENTING



The perfect
program for
parents of
infants and
toddlers

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THE MONTESSORI PARENTING PROGRAM

This program helps the parents to understand and help their children between 0-3 years. It is based on works of world reknowned physician and educator Dr. Maria Montessori, her principles, her observations and well established scientific studies.



Parents of 0-3
year olds



24 hrs of Online
live classes with
a mentor



Meet twice a
week for 3
months



Activities to do
with the child



Best parenting
practices

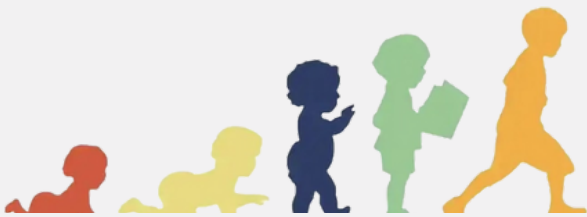


Small batches



WHY THIS PROGRAM?

Provide guidance and support system for new parents



Awareness of developmental milestones

Help avert risks of uniformed parenting



DID YOU KNOW?

Eighty percent of human brain's structure takes shape between the ages of 0-3

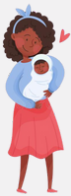
A MONTESSORI PARENT...



Observes their child closely to understand them and their *developmental milestones*.



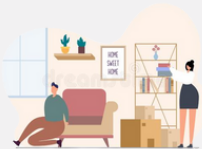
Allows for mistakes, struggles and self-corrections. Doesn't intervene with the tasks that the child is able to do themselves



Nurtures self-discipline, order, courtesy, care for self, and environment



Can manage his/her own emotions and knows what to say to the child and how to say it.



Is aware of the ways of setting up the home space for the child to enable growth and development

WHAT WILL YOU LEARN?



Principles of Montessori

- Sensitive periods,
- Freedom and Discipline
- Absorbent Mind
- 4 planes of development and developmental milestones
- Offering freedom within limits
- Assisting Independence



Setting up home for the child

Preparing the environment for the child:

1. Bed, Wardrobe and dressing area, Diaper changing area
2. The Montessori Shelf, Feeding/Eating area
3. Bookshelf and reading corner, Work table/mats
4. Art corner, décor, kitchen
5. Surroundings, and outdoor spaces



Best Parenting practices

- Preparation of the adult: importance of self awareness
- What do we do when our baby cries?
- Handling tantrums: Hitting/biting/throwing/pushing phase
- Building concentration
- What to look for in caregivers /day cares?
- Getting the family on board
- Inculcating routines and habits:
 1. Care of self
 2. Food, Sleeping Brushing teeth, Clothing Diapering
 3. Sharing
 4. Managing Screen time



Activities with the child

- Observing the child
- How to set up and present an activity
- Reading books: how to choose books
- Role of music and conversation
- How to choose right toys for the child?
- Guided activities and discussions of observations

PROGRAM OFFERINGS

Live online sessions with mentor: 24 hours
Weekly engagement: 2 hours
Total duration: 3 months
Batch size: 5 parents

1. Reading and reference resources inclu.
2. Special activity suggestions after every class
3. Both parents can attend sessions

The time period of life between 0-3 years is a very dynamic one and one single course wouldn't fit all. Hence, we have 4 separate programs.



Montessori Parenting (0-6 months)

Physical care of the child
Ideas on Feeding, sleeping, clothing, colic, pacifiers
Why is my baby crying?
Am I having baby blues?
What all can my baby sense? *and much more...*



Montessori Parenting (6-12 months)

Ideas on Weaning, bathing, clothing, diapering
Preparing the home for the child
What activities to try out with my child?
Bilingualism at home
Should he/she be crawling/walking? *and much more...*



Montessori Parenting (1-2 years)

Physical care: Potty training
Importance of setting a routine
Nurturing healthy food habits
Preparing the child for change
What activities to try out with my child? *and much more...*



Montessori Parenting (2-3 years)

How to communicate with the toddler?
How to handle tantrums?
Building concentration
Problem solving with toddlers
What activities to try out with my child? *and much more...*

HOW WILL YOU LEARN?

To make learning effective, we use a blend of methods during the classroom apart from the routine lecture approach.



Learn through observations and active discussions

Videos of children/ toddlers in different situations are presented during classroom and parents asked to observe carefully and report observations before proceeding for discussions with the mentor. This helps the parents to become better observers of their own children.



Learn through peer experience sharing

We intend to make classrooms relevant and practically helpful and therefore promote individual stories and experiences to be shared in the classroom. Parents are encouraged to tell their custom situations, bottlenecks to get guided correctly and learn from the peer group.



Learn by doing

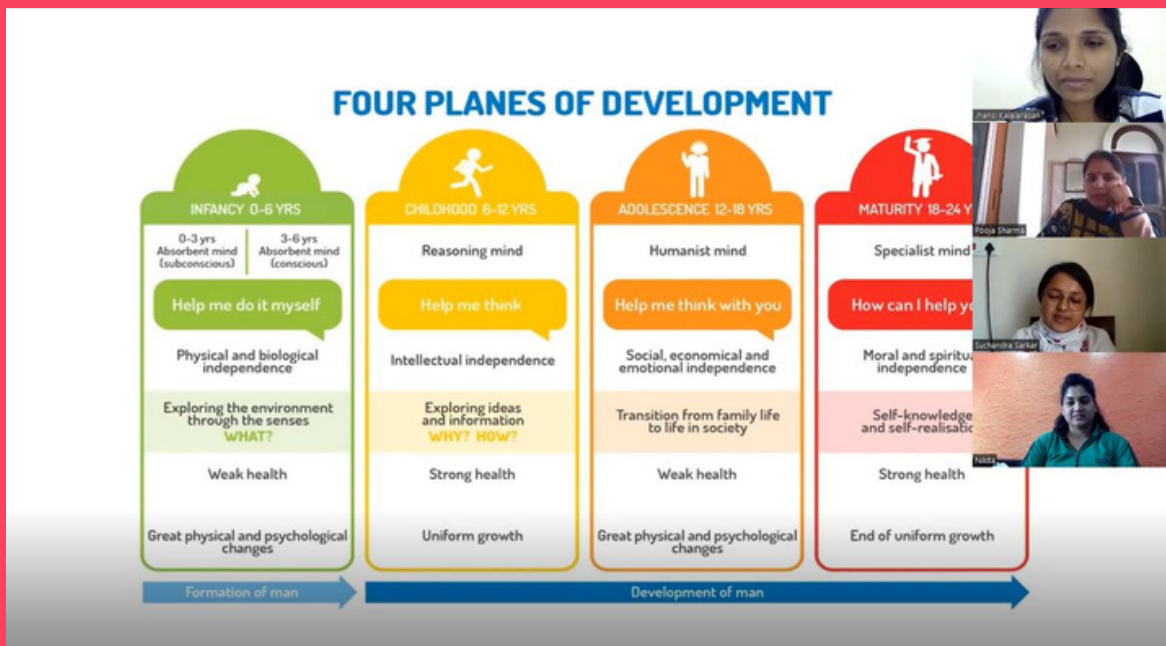
There is designated time in every class where a particular activity is presented and parents are encouraged to try the same with their children through the week and discuss the outcomes in the next class.



Learn through guided reading




Parents are provided with some additional suggestive reading/ viewing resources to learn at their own pace


GALLERY



Seating


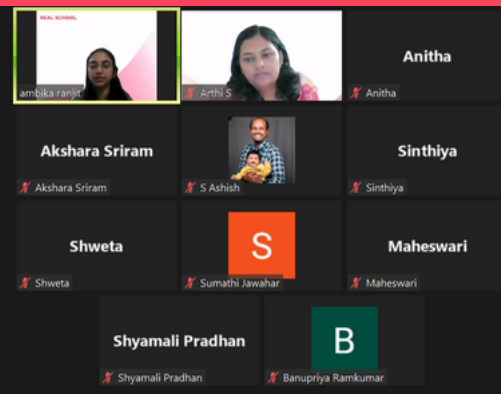
- Access



What can parents do?

- Appeal to their emotion.
- Calm the child down
- Appeal to the logical side of their brain

CONTACT US

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