

# The Good News

from the  
Roanoke Seventh-day Adventist Church  
November 2024



## A Note from our Pastor

### The Measure of Our Days

I was new to the district and venturing out to acquaint myself with the members of the churches. An elder told me about a particular lady who hadn't been to church in a while and wondered if I would go out to meet her.

Eventually I was able to pay her a visit. We talked about her life, her family and her faith. Cautiously, I turned the conversation toward her absence from the church. When I asked how long it had been, she wasn't entirely sure and casually stated that perhaps it had been just a few years.

We talked some more and came back to the question about her church attendance. All of a sudden, she got a look of surprise on her face when she realized her absence had actually been fifteen years! Fortunately, this realization motivated her to make a church comeback and a renewed commitment to a relationship with the Lord.

The phrase, "How time flies," was first recorded about 1800. Earlier, Shakespeare used a similar phrase, "The swiftest hours, as they flew." No matter how you say it, the fact remains: time waits for no one. Sadly, not everyone who sees the quickness of time will make the best use of it. Even time squandered is rarely repented of.

*("The Measure of Our Days"  
is continued on Page 2.)*

## Creation Life Bible Study

Every Tuesday evening  
through November 19.

Light meal @ 5:30  
Bible Study @ 6:00

Come learn about health principles  
found in the Bible!  
All ages are welcome.

## November is the Month for Giving Thanks!

Our church family is thankful! Thankful for all our church workers. Thankful for our elders, and deacons. We are thankful for our adult and children's Sabbath School teachers and leaders and for our singers and musicians. We are thankful for the Roanoke Children's Orchestra that has added a special quality to our worship times together the first Sabbath of each month.

Thank you Pathfinder and Adventurer leaders for your willingness to donate your time, efforts and knowledge to lead our children.

Thank you Fellowship Lunch Teams for consistently serving food for our church luncheons and other times, too.

Thank you to the men who put in the new water fountain. Thank you to those who painted, scrubbed, polished, raked, swept and vacuumed during our fall Work Bee.

Take a minute today and thank someone for the work they do in our church!

## Thanksgiving Worship

On Sabbath, November 23, we will worship through songs of praise, words of gratitude and testimonies of love! We will worship as we lift our eyes toward heaven and our hearts to the throne of Grace!

Please plan to join us for Bible study during Sabbath School beginning at 9:30 and then the worship service filled with praise and thanksgiving!

*"And now we thank You, our God,  
and praise Your glorious Name."  
1 Chronicles 29:13*

## Thanksgiving Brunch

Friday, November 22 @ 10:30

at the

Roanoke Adventist Christian  
School

You are invited!

Please RSVP to

352-857-7628



## Roanoke SDA Church

4120 Challenger Avenue  
Roanoke, Virginia 24012

AdventistCentral.org  
RoanokeSDAChurch@gmail.com  
540-977-0346

## "The Measure of Our Days"

(Continued from Page 1)

No matter how you say it, the fact remains: time waits for no one. Sadly, not everyone who sees the quickness of time will make the best use of it. Even time squandered is rarely repented of.

No matter how we use our time, it would be good for us to offer the same simple prayer David did: "Lord, make me to know my end, and the measure of my days, what it is: that I may know how frail I am." (Psalms 39:4)

No matter which way you look at it, our life on earth is short. In the United States, the average life expectancy of a person went up from 76.4 years in 2021 to 77.5. It's nice to see an increase, but it's nothing to get too excited about in the grand scheme of things.

Thankfully we have an eternity to look forward to. When Jesus returns, we are told that, "this mortal must put on immortality." But an important question to ask is, "Can God trust us with a hereafter if we refuse to make good use of our time here?"

How do you spend your days? Are you rightly prioritizing your time? Is God first, best and last in everything? Is time with your family important? Are you intentional about serving God and making a positive difference in someone's life?

I'm thankful to God that although I've let some time slip between my fingers here and there, He has offered me these moments to redeem the time. Won't you join me in doing the same?

## What are the YOUTH up to?

On Sunday, October 6, the Youth left the church early for a hike to McAfee's Knob! It was a beautiful day for a hike!

On **Sunday, November 17**, the **YOUTH** will have the opportunity to participate in a **Neighborhood Clean Up** project. Stay tuned for all the details!

## Strengthening Bonds - Supporting Families Prison Fellowship Angel Tree®

The Prison Fellowship Angel Tree program helps equip churches to strengthen the bonds between incarcerated parents and their children. It also helps to support the families involved.

By providing Christmas gifts on behalf of incarcerated parents, Prison Fellowship Angel Tree allows churches to extend the hope of the Gospel to families with loved ones in prison.

Prison Fellowship Angel Tree invites us to integrate Angel Tree families into our church activities resulting in mutually beneficial relationships that foster growth, support and encouragement.

Our church families will have the opportunity to sponsor a child or family by providing gifts. If you would like to be involved in this Angel Tree outreach program sponsored by our Children's Ministries team, please see Jennifer Dodge and watch for more details.

SAVE THE DATE - Sunday, December 1, 2024

### A Prayer for Thanksgiving

Dear Father,

**For food in a world where many walk in hunger,**

**For faith in a world where many walk in fear,**

**For friends in a world where many walk alone,**

**We give You thanks!**

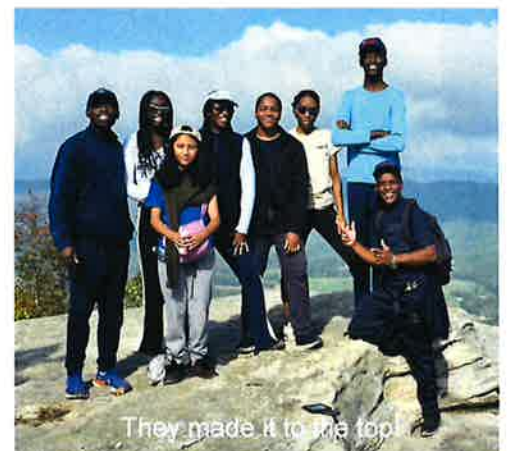
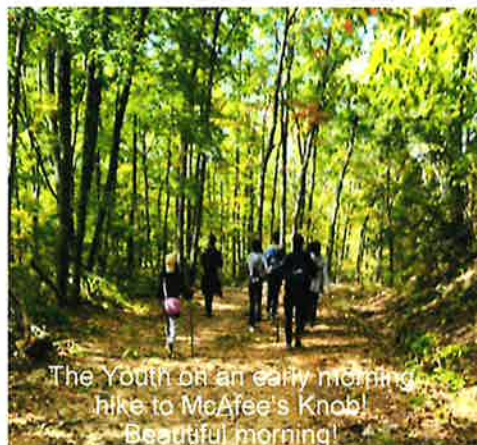
**Amen!**



### Nominating Committee

The 2024 Nominating Committee is made up of the following individuals: Kofi Amo-Mensah, Carol Doudiken, Reggie Long, Patty McLennan and Robert McLennan. Alternates are Doris Amo-Mensah and Ron Robinson.

The committee has begun its work and will continue to work until the job is done! Won't you please say "yes" when you are called?



## Field Trip to Jeter Farm & Pumpkin Patch



The students of the Roanoke Adventist Christian School had a wonderful time on the farm on a sunny day in late September. They rode a hay wagon, enjoyed petting farm animals and were each able to pick their own pumpkin to take home.

A visit to Jeter Farm & Pumpkin Patch has become a delightful annual fall activity for the students! They always are anticipating a fun time!

## A Special Day for RJ McLennan!

During the worship service on Sabbath, October 5, Robert James ("RJ") McLennan was invited to the front of the sanctuary where all those in attendance could see him and hear him. RJ's grandfather, Pastor Kevin Pires, and Pastor Buttery met RJ on the platform and Pastor Pires administered the baptismal vows to him.

A few minutes later, RJ joined his Grandpa in the tank and was baptized!

RJ's family, church family and all of heaven rejoiced! Please keep RJ in your prayers as he walks with Jesus.



## Church Board News & Notes

The members of the Roanoke SDA Church Board met on Monday evening, October 14, 2024, to discuss the plans and vision of our church

Following are some of the highlights from the meeting:

- > Pastor Chris shared the Cycle of Evangelism with the board
- > CONNECT at the Roanoke Adventist Christian School will begin soon
- > Prison Fellowship Angel Tree Christmas Party is in the planning stages
- > Pathfinder Induction Ceremony planned for October 19
- > Adventurer Induction to occur later
- > Finance Committee is working on a church budget for 2025

The next Church Board meeting is planned for November 11, at 6:15. All Board members are encouraged to be present at the meeting.



Wishing you a birthday  
filled with joy and laughter  
and all the love  
November has to offer!

### November

- |    |                      |
|----|----------------------|
| 1  | Amor Cadio           |
| 3  | Marty Squier         |
| 5  | Jennifer Dodge       |
| 6  | Claude Brown         |
| 7  | Liz McLennan         |
| 8  | Suzanne P. Lancaster |
| 10 | Mark Raleigh         |
| 12 | Vicki Brown          |
| 13 | Ryan Greenway        |
| 15 | Beth Armstrong       |
| 17 | Jayden Gooden        |
| 18 | Marc Buch            |
| 21 | Mitzi Harlow Boggs   |
| 24 | Danielle Pleasants   |
| 24 | Jackie Powell-Long   |
| 28 | Megan Greenway       |
| 29 | Murray Joiner        |
| 30 | Rickey Deyerle       |

## LEE MCLENNAN MEMORIAL GOLF TOURNAMENT

As planned, the Tournament was held on October 11, 2024, at the beautiful Roanoke Country Club. Seventeen golfers, and some spectators, came out to play, watch and cheer!

The proceeds of the Tournament were to benefit the Roanoke Adventist Christian School, a school which Lee McLennan supported in many ways.

The amount raised to be given to the school was more than \$3,500. We count the event a SUCCESS! Thank you everyone!

The December 2024 issue of  
**THE GOOD NEWS**

will be distributed beginning  
November 30, 2024  
Next Deadline: November 20, 2024

# Roanoke Seventh-day Adventist Church

## November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Sunset: 6:22	1 Safety Sabbath 9:00 Bible Café 9:30 Sabbath School 11:00 Worship 12:30 Potluck Lunch 2:00 Adv/Path 2:00 Nominating Committee
8:00 Reserved	4 5:30 Creation Life	5 6:30 Worship Mtg (z)	6	7	Sunst: 5:15	8 9:00 Bible Café 9:30 Sabbath School 11:00 Worship 1:45 NRAL Outreach
8:00 Reserved	10 6:15 Church Board	11 5:30 Creation Life	12 5:30 Creation Life	13	Sunset: 5:10 10:30 RACS Thanksgiving	14 15 9:00 Bible Café 9:30 Sabbath School 11:00 Worship 12:30 Connections 1:30 Adv/Path
8:00 Reserved Youth Clean Up Day	17 6:00 Finance Comm	18 5:30 Creation Life 6:30 School Board (z)	19	20	Sunset: 5:06	21 22 9:00 Bible Café 9:30 Sabbath School 11:00 Worship-Thanksgiving
8:00 Reserved	24	25	26 7:30 Elders Mtg (z)	27 Thanksgiving	Sunset: 5:03	28 29 9:00 Bible 9:30 Sabbath School 11:00 Worship
						30