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Web Page: sidneyadventist.ca  
Facebook: Rest Haven SDA Church  
Twitter: twitter.com/resthavenchurch  
Youtube: churchinsidney  
WIFI Password: Resthaven!

**Sunset next Week 7:16**

**Sabbath School**  
**10:00 AM-10:50 AM**  
**Teacher:**

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# Worship Service

**11:00 AM-12:15PM**

**Welcome:** Pastor Zlatan

**Call to Worship:** Pastor Zlatan

**Invitation Song:** Praise Team

**Offering:** Jhaneil Watt  
Church Budget

**Children's Story:** Video

**Prayer Song:** Praise Team

**Prayer:** Pastor Zlatan

**Scripture Reading:** Nick Allen  
Luke 9:51-56

**Praise & Worship:** Praise Team

**Sermon:** Pastor Ernest Brake  
Spirituality - Toxic and Healthy

**Closing Song:** Praise Team  
*"Draw me Nearer"*

**Benediction:** Dr. Ernest Brake

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**Join us for a potluck in the Fellowship Hall following the service today.**

# Rest Haven

Seventh-day Adventist Church  
March 7, 2026

Speaker: Dr. Ernest Brake



## Welcome to Rest Haven

We are glad that you are here with us today. Our hope is that together, we can worship and praise the Lord.

## Our Mission

To fully experience Christ through the worship of God, the caring of one another, and the up-lifting of humanity.

## Church at a Glance On Duty Today

**Worship Leader:** Scott Bastien  
**Offering:** Church Budget

**Next Week**  
**Worship Leader:** Scott Bastien  
**Offering:** Adventist World Radio  
**Speaker:** Dr. Ern Brake

## March Birthdays

5 Kayla Bastien 17 Dorsia Harter  
5 Sharon Oakley 22 Cynthia Johnson

## I'd Like More Information about...

Joining Rest Haven Church  
Becoming a follower of Jesus  
Baptism  
Visit from the Pastor  
Winning a Soul  
Children's Ministry  
Having Special Prayer  
Church School

**Name:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**email:** \_\_\_\_\_

**Tear off and place in the offering plate**

## Announcements

**Dr. Ernest Brake will continue his Health Seminar nightly** this evening, March 7 at 6:30. The meetings will continue until March 15. No meeting Monday or Thursday.

**School Board meeting Monday at 7:00PM.**

**Youth Retreat – “The Chosen” April 9–12, 2026.** We are excited to invite you to our upcoming Youth Retreat, themed “The Chosen”, taking place from April 9–12, 2026. This retreat will be a meaningful time of connection, growth, worship, and encouragement for youth. Registration and additional details are available through MVSC at: <https://bcyouth.com/>

**Global Youth Day - March 21, 2028**

**Elders' Retreat April 17–19, 2026** | Camp Hope. Join us for the Elders' Retreat at Camp Hope from April 17–19, 2026. This retreat is designed to equip and encourage church elders in their ministry and leadership. Registration contact the Conference Office at 604-853-5451 for more information. Registration deadline: April 8, 2026

### Mountain View Summer Camp Job Opening

Position Title: Head Cook (Seasonal). Reports To: Camp Director. Supervises: Kitchen Staff and Volunteers. If you have questions, would like the full job description, or wish to apply for the position, please email [officemvsc@bcadventist.ca](mailto:officemvsc@bcadventist.ca)

**Bulletin Information: Please have the information in by Wednesday evening.**

**ABC Bookmobile** will be here on March 13 at the Church from 8-11am. They will be on Chatterton Way March 12 from 10-1pm and 2-6pm.

**Having Trouble Hearing the Service?** We offer in-ear monitors to help you listen more clearly.



**Summer Camp 2026.** We are excited to share the details for Summer Camp 2026 at MVSC!. Apply now at [www.mvsc.ca](http://www.mvsc.ca) (before April 30) and receive a \$100.00 discount. Online registration is now open  
Blind Camp: June 28 – July 2  
Kids Camp: July 5 – July 10  
Teen Camp: July 12 – July 19  
Youth Camp: August 2 – August 9

