

Promises to Take Us from Fear to Trust

Facebook Posts

“Fear is a liar.”

“One of the most beautiful things about being a child of God...while the world is in paranoia, the child of God is at peace!”

Psalms 118:8 - “It is better to trust in the Lord than to put confidence in man.”

The Bible is full of predictions about the hard times ahead of us.

2 Timothy 3:1 — In the end perilous (stressful, dangerous) times will come.

“Perilous” means stress-filled, dangerous.

The demon possessed men in Matthew 8:28 were perilous...scary, terrifying.

Luke 21:26 — Men’s hearts will fail them for fear.

Matthew 24 is full of details about the end — earth shaking, natural disasters rising, pestilences spreading, social unrest deepening, political world unraveling, family structure crumbling, religious life shallowing.

If God has predicted the problem, He will also provide the solution.

Source: <https://www.medicalnewstoday.com/articles/322877#What-is-anxiety?>

1. According to them the incidence of anxiety disorders over the last four years has increased by 25%.

2. Today, “anxiety disorders are the most common mental illness in the U.S.,” affecting around 40 million adults — almost 1 in 6 people.

3. Our millennials seem to be the most affected.

The NT term for fear is phobeo (phobia)

The NT term for excessive fear is exphebeo (scared out, freaked out)

We may be short on resources, but we are not short on God.

He has promised our food and water will be sure. Isaiah 33:16.

We will be kept warm, sheltered, fed. Isaiah 4:6

We have protection from our enemies and provisions for our needs. Deuteronomy 28:7; Matthew 6:33

As we were reminded last week, in times of pestilence and disease, God is our healer. Exodus 16:25.

Promises

One commentator estimated that God has commanded us not to fear some 365 times in the Bible.

A command from God is the strongest form of a promise.

Joshua 1:9 — Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go.

Even though Joshua was headed into certain danger, he was not to be afraid, because God would be with him in the danger.

Shadrach, Meshak, and Abednego were faced with fear, but took God with them into the fire.

Isaiah 41:13 — For I, the Lord your God, will hold your right hand, saying to you, “Fear not, I will help you.”

2 Timothy 1:7 — He has not given us a spirit of fear, but of power, and of love, and of a sound mind.

Spiritual maladies like this need a spiritual remedy. A spirit of fear needs to be matched by the Spirit of God.

1 Peter 5:7 — Cast **all** our cares on Him, for He cares for us.

Philippians 4:19 — My God shall supply **all** our needs”

Jeremiah 29:11-13 — For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope. Then you will call upon Me and go and pray to Me, and I will listen to you. And you will seek Me and find Me, when you search for Me with **all** your heart.

Hebrews 7:25 — He will save us to the uttermost.

Philippians 1:6 — The good work He has begun in us He will surely bring to completion.

Hear Him command you today, “fear not”. Not today not tomorrow, not ever. God is with you. And we must come to fully realize, He is all we will ever need.