

We Believe

JESUS SAID TO HIM, "YOU SHALL LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, WITH ALL YOUR SOUL, AND WITH ALL YOUR MIND. THIS IS THE FIRST AND GREATEST COMMANDMENT. AND THE SECOND IS LIKE IT: YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF. ON THESE TWO COMMANDMENTS HANG ALL THE LAW AND THE PROPHETS.

MATTHEW 22:37-40 (NEW KING JAMES)

13 Things Mentally Strong People Don't Do

(By Amy Morin)

They don't ...

- waste time feeling sorry for themselves
- give away their power (you have a choice)
- shy away from change
- focus on things they can't control
- worry about pleasing everyone
- fear taking calculated risks
- dwell on the past
- make the same mistakes over and over
- resent other people's success
- give up after the first failure
- fear alone time
- feel the world owes them anything
- expect immediate results

*Thank you for choosing
Pleasant Hill Seventh-day Adventist Church.*

You are always welcome.

Please come back soon.

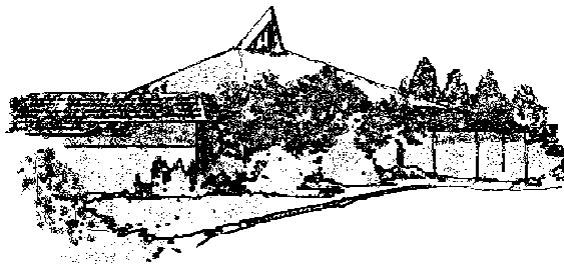
Church Needs

Combined Budget: Thank you for your continued giving to our local church. Thank you to those of you who have recently donated to our Deacons' Fund Account to replenish the diminishing dollars.

Worthy Student Fund for Emerald Christian Academy. Please remember our students and their needs in your giving plans.

On-Line Giving Option Available. For those of you who would like to give on-line instead of writing checks for your giving to the church, you may go to the church website (phsda.org) and make that happen.

Bulletin Information: Please submit bulletin information to the church office by noon on Wednesday. You may submit info by phone/voicemail 541.746.1750 or email phsdaoffice@gmail.com. Office hours are afternoons only, Monday, Wednesday and Friday.



Pleasant Hill

Seventh-day Adventist Church

35549 Zephyr Way
Pleasant Hill, Oregon 97455-9765
Office Phone: 541-746-1750

Email phsdaoffice@gmail.com; Website phsda.org

Pastor: David L. McCoy
Phone: 541-726-4060
Secretary: Lorene Berger

Pleasant Hill Seventh-day Adventist Church

The Church at Worship

Sabbath, August 24, 2019, 11:00 a.m.

Welcome & Announcements

Merlin Hart

Offering

Oregon Conference Youth Support

Praise

Dedication Prayer for Students & Teachers

Message

Hope With No Equal

Pastor David McCoy

Praise

Benediction

Chorister: Megan Lebo
Pianist: Jeannine Reddell

Church at Study

Lesson Study		Lesson 8
	<i>The Least of These</i>	
Group 1	Adult Quarterly	Sanctuary
Group 2	Collegiate Quarterly	Fellowship Hall

Thank You

*"We want to thank our church family for the beautiful and aromatic flower arrangement you sent after my [Joyce's] recent hospitalization. It brought love, hope and joy."
Joyce Rowell Gerhardt & Family*

Condolences

We are sorry to announce Judy Roberts' sister, Linda Wildman, recently passed away in Florida. Our prayers and condolences for Judy and her family.

For Your Information

School Work Bee Tomorrow at ECA:

Come one, come all to help spruce up our school before classes begin on Monday! Tomorrow please meet by 9:00 a.m. and work as long as you can. Lunch provided at noon after all the hard work. Jobs needing to be done: spreading playground gravel, washing outside windows; sweeping long outdoor corridors; planting flowers/plants by front entrance. Teachers may need help with some indoor jobs, too. **Please bring: gloves, heavy rakes; window squeegees, hoses, and push brooms.**

Financial Assistance for Emerald Christian Academy:

If you would like financial help with sending your student(s) to our school, please contact the church office for paper work. There are monies available in our Worthy Student Account which PHC's Student Aid Committee would love to disperse to students needing assistance.

Positions Open at Emerald Christian Academy:

Part-Time Custodian:

Emerald Christian Academy is looking for a Custodian for the 2019-2020 school year. This is a part time position at 12 hours per week. Applicants should have a passion for cleanliness, able to handle gross situations, and a desire to get lots of steps in per shift. If you are interested please send a resume to: principal@emeraldchristianacademy.com.

Part-Time Bus Driver:

Part-time bus driver needed for our school. If interested, please send resume to email listed above.

Calendar of Upcoming Events:

Today Saginaw School Supplies Due
Aug 25 ECA Work Bee, 9 am to Noon (Lunch Provided)
Aug 26 First Day of School for Emerald Christian Academy
Sept 7 Fellowship Dinner

For Your Information

Primary Collecting Bottles & Cans for Missions:

Thank you to those who continue to contribute these to the Primary Room. **\$192.35** was turned in for the 13th Sabbath offering for the last quarter. Please bring empty bottles and cans to the Primary SS room so they can recycle them to earn money for Missions. Thanks to Sharon Zachary for organizing this program.

Oregon Conference Women's Convention:

Ladies don't miss out on the **Early Bird Special (ending 8/29/19)** for the **upcoming Women's Convention with Dr. Hyveth Williams**. "*Rise UP - Daughter of the King*". Breakout Speakers - Carrie White, LMHC, Pam Strachan-Proudfit, DMin, Rachel Griebel and Gary & Shelly Parks. Special appearances - PAA Gospel Choir, Shannon & Jeanine Goodwin and Janice Nelson. Go to <https://www.adventsource.org/> or <https://oregonconference.eventcalendarapp.com/u/9177/17629> for more information and to register. Email terrie.griebel@oc.npuc.org for questions. Will be held at the Oregon Conference headquarters in Gladstone, OR.

Special Prayer:

William E. Hall, one of our church Elders, invites you to join him for intercessory prayer. You can also email your prayer requests to prayer@wwdb.org. If you are interested in also receiving "A *Splash of Encouragement*" (a collection of inspirational quotes and texts) by email on a regular basis, please let William know.

DVDs of Church Services are Available:

Requests for copies of PH church services can be made at the church control booth or via email to phsdaoffice@gmail.com. These are FREE. Donations may be made to PHC's "AV Services," if you wish.