

We Believe

JESUS SAID TO HIM, "YOU SHALL LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, WITH ALL YOUR SOUL, AND WITH ALL YOUR MIND. THIS IS THE FIRST AND GREATEST COMMANDMENT. AND THE SECOND IS LIKE IT: YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF. ON THESE TWO COMMANDMENTS HANG ALL THE LAW AND THE PROPHETS.

MATTHEW 22:37-40 (NEW KING JAMES)

13 Things Mentally Strong People Don't Do

(By Amy Morin)

They don't ...

- waste time feeling sorry for themselves
- give away their power (you have a choice)
- shy away from change
- focus on things they can't control
- worry about pleasing everyone
- fear taking calculated risks
- dwell on the past
- make the same mistakes over and over
- resent other people's success
- give up after the first failure
- fear alone time
- feel the world owes them anything
- expect immediate results

*Thank you for choosing
Pleasant Hill Seventh-day Adventist Church.*

You are always welcome.

Please come back soon.

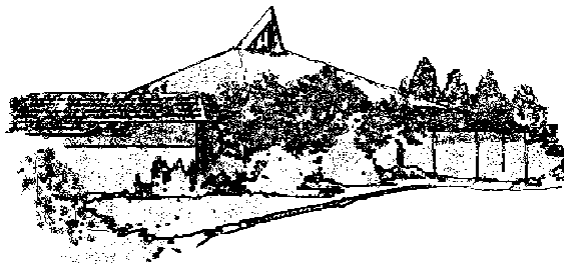
Church Needs

Combined Budget: Thank you for your continued giving to our local church. Thank you to those of you who have recently donated to our Deacons' Fund Account to replenish the diminishing dollars.

Worthy Student Fund for Emerald Christian Academy. Please remember our students and their needs in your giving plans.

On-Line Giving Option Available. For those of you who would like to give on-line instead of writing checks for your giving to the church, you may go to the church website (phsda.org) and make that happen.

Bulletin Information: Please submit bulletin information to the church office by noon on Wednesday. You may submit info by phone/voicemail 541.746.1750 or email phsdaoffice@gmail.com. Office hours are afternoons only, Monday, Wednesday and Friday.



Pleasant Hill

Seventh-day Adventist Church

35549 Zephyr Way

Pleasant Hill, Oregon 97455-9765

Office Phone: 541-746-1750

Email phsdaoffice@gmail.com; Website phsda.org

Pastor: David L. McCoy

Phone: 541-726-4060

Secretary: Lorene Berger

Pleasant Hill Seventh-day Adventist Church

The Church at Worship

Sabbath, August 10, 2019, 11:00 a.m.

Welcome & Announcements

William Hall

Offering

Oakwood/Andrews/Loma Linda Universities

Hymn Singing

#501 "Tis the Blessed Hour of Prayer

#671 As We Come to You in Prayer

Children's Story

Greg McKelvey

Message

First

Tammy Bovee

Hymn Singing

#478 Sweet Hour of Prayer

Benediction

Chorister: Claire Hart

Pianist: Lorene Berger

Church at Study

Lesson Study		Lesson 7
	<i>Jesus & Those in Need</i>	
Group 1	Adult Quarterly	Sanctuary
Group 2	Collegiate Quarterly	Fellowship Hall

Saginaw Trailer Park: Food & School Supplies Needed

Thank you to everyone who is bringing food to help fill the "blue barrel" every month for Saginaw trailer park's food pantry. This month we will also be working on collecting school supplies for the children in the park. Please see Sharon Zachary to get a name and school list.

All supplies are due no later than August 24.

Help for Paradise SDA Church

If you would like to help the victims of the Paradise, CA fire, please send donations directly to Paradise Adventist Church, PO Box 1266, Paradise, CA 95967. (Camp Fire Relief Fund) memo line. There are envelopes already addressed in the wire wall rack in the church foyer.

For Your Information

Financial Assistance for Emerald Christian Academy:

If you would like financial help with sending your student(s) to our school, please contact the church office for paper work. There are monies available in our Worthy Student Account which PHC's Student Aid Committee would love to disperse to students needing assistance.

Positions Open at Emerald Christian Academy:

Part-Time Custodian:

Emerald Christian Academy is looking for a Custodian for the 2019-2020 school year. This is a part time position at 12 hours per week. Applicants should have a passion for cleanliness, able to handle gross situations, and a desire to get lots of steps in per shift. If you are interested please send a resume to:

principal@emeraldchristianacademy.com.

Part-Time Bus Driver:

Part-time bus driver needed for our school. If interested, please send resume to email listed above.

Springfield SDA's Community Services Sale:

The 5th Annual **Springfield Adventist Community Services** parking lot sale will be on Sun., Aug. 4th. We are now taking your Clean and usable items for our sale. This is our main fundraiser for the year. Receipts are available for tax purposes. Questions or appointments to drop off, please call Roxie Garoutte at 541-736-8850

Calendar of Upcoming Events:

Aug 24 Saginaw School Supplies Due
Aug 26 First Day of School for Emerald Christian Academy
Sept 7 Fellowship Dinner

For Your Information

Reminder from our Church Librarians:

There are two libraries in our church: the **Reference Library** is in the Junior Room (materials can be looked at in there, but not checked-out); the **Lending Library** is now in the Youth Room. Please remember to bring back books to that location, if you have some on loan.

Primary Collecting Bottles & Cans for Missions:

Thank you to those who continue to contribute these to the Primary Room. **\$192.35** was turned in for the 13th Sabbath offering for the last quarter. Please bring empty bottles and cans to the Primary SS room so they can recycle them to earn money for Missions. Thanks to Sharon Zachary for organizing this program.

Oregon Conference Women's Convention:

Ladies don't miss out on the **Early Bird Special (ending 8/29/19)** for the **upcoming Women's Convention with Dr. Hyveth Williams**. "Rise UP – Daughter of the King". Breakout Speakers – Carrie White, LMHC, Pam Strachan-Proudfit, DMin, Rachel Griebel and Gary & Shelly Parks. Special appearances - PAA Gospel Choir, Shannon & Jeanine Goodwin and Janice Nelson. Go to <https://www.adventsource.org/> or <https://oregonconference.eventcalendarapp.com/u/9177/17629> for more information and to register. Email terrie.griebel@oc.npuc.org for questions.

Special Prayer:

William E. Hall, one of our church Elders, invites you to join him for intercessory prayer. You can also email your prayer requests to prayer@wwdb.org. If you are interested in also receiving "A Splash of Encouragement" (a collection of inspirational quotes and texts) by email on a regular basis, please let William know.

DVDs of Church Services are Available:

Requests for copies of PH church services can be made at the church control booth or via email to phsdaoffice@gmail.com. These are FREE. Donations may be made to PHC's "AV Services," if you wish.