



*Michigan Conference of Seventh-day Adventists
Outdoor Education
5801 W Michigan Ave
Lansing, MI 48917
Office: 517-316-1695*

OUTDOOR EDUCATION GENERAL INFORMATION

Benefits of Camp OE:

- Usually earn a Pathfinder Honor
- Actively participate in experiments
- Do real research
- Integration of math & science in a Christ centered environment.

WHAT TO BRING TO OUTDOOR EDUCATION

<p><u>SLEEPING GEAR:</u></p> <ul style="list-style-type: none"> • Warm sleeping bag and pillow • Extra blanket if sleeping bag is light • 2 Extra Large Garbage Bags (for packing) 	<p><u>TOILETRIES:</u></p> <p>Bath towel Wash cloth & Hand towel Toothbrush and Paste Soap and container Comb/brush Sun block lotion (pack in Ziploc to prevent mess)</p>
<p><u>CLOTHING:</u></p> <ul style="list-style-type: none"> • Shirts (2 or 3) • Jeans or heavy pants (3 or 4 pair) • Warm Jacket, warm hat • Sweatshirt (fleece is best) • Underwear (3-4 changes) • Pajamas (cold nights) • Extra pair of shoes and socks • Thermal underwear • Raincoat, coat, boots • Mittens, gloves, scarf <p><i>Clothing appropriate for the season</i></p> <ul style="list-style-type: none"> • WATERPROOF RAINCOAT • WATERPROOF BOOTS • WATERPROOF HAT/HOOD 	<p><u>OTHER IMPORTANT GEAR:</u></p> <p>Bible Flashlight 2 large garbage bags Water bottle with tight fitting screw top Small daypack Pencils</p> <p><u>OPTIONAL:</u></p> <ul style="list-style-type: none"> • Reading book/Journal (for quiet cabin time) • Letter writing materials: (paper, envelopes, postcards, pencils, & stamps) • Flip flops/water sandals (for showering) • Money for Camp Au Sable Store

NOTE: MANY ACTIVITIES WILL BE OUTSIDE EVEN IF IT IS RAINING OR SNOWING.

PLEASE DO NOT BRING:

- Soft drinks, junk food, excessive amounts of gum/candy
- Electronic devices/media (MP3 players, movies, video game systems-handheld or otherwise, computers, iPads, etc. (**OUTDOOR EDUCATION IS UNPLUGGED**))
- Jewelry
- Valuables (expensive cameras, new towels, etc.)
- Make-up, hair spray, perfume, and body spray
- Matches and lighters
- Knives

STUDENTS who will bring cell phones (of any type) must leave them with the sponsors when they are not being used to call home.

We recommend you make your first and last name on ALL of your items with a permanent marker.

PLEASE LEAVE ALL "VALUABLE" ITEMS AT HOME.

OUTDOOR EDUCATION IS NOT RESPONSIBLE FOR ANY LOST OR STOLEN ITEMS!

Camp Au Sable & Camp Sagola
Camp Naturalist, Dr. Gordon Atkins
2590 Camp Au Sable Drive
Grayling, Michigan 49738
989-348-5491

OUTDOOR EDUCATION

Student Registration Form

Camp Sagola

Student's Name _____ " Male " Female Grade _____
Please print first and last name

School _____ Teacher's Name _____

STUDENT COMMITMENT

As a student participant, I understand that the OUTDOOR EDUCATION program has been planned so that I can learn more about God, nature, science, and team building.

My application indicates my desire to cooperate with Camp Sagola's camp naturalist, Dr. Atkins, my teacher, and all the adults helping out with Outdoor Education. I will be sure to follow these guidelines:

1. I will attend and participate in all worships, meetings, meals, camp duties, and activities.
2. I will let my teacher/adult in charge know where I am at all times. I will not leave Camp Sagola grounds, without appropriate permission from the Outdoor Education leadership.
3. I understand and respect that the sleeping quarters assigned to the boys is off-limits to the girls, and that the sleeping quarters assigned to the girls is off-limits to the boys.
4. I will not bring electronic devices/media (MP3 players, movies, video game systems-handheld or otherwise, computers, iPads, etc.), jewelry, valuables, soft drinks, junk food, or excessive amounts of gum or candy to Outdoor Education.

Student Signature _____ Date _____

I, the undersigned parent/legal guardian, of _____ (student), grant permission for him/her to attend the Michigan Conference OUTDOOR EDUCATION program at Camp Sagola and participate in nature activities and hiking. I further grant permission for him/her to participate in recreational activities. I understand, that depending on the season/weather these recreational activities may include canoeing, pontoons, wagon rides, snowshoeing, and cross-country skiing and well as other Camp Au Sable recreational activities. I understand that I must also sign a Camp Sagola Trail Ride/Activity Waiver. I understand that my child may be sent home if the above Student Commitment is broken.

Parent's Signature _____ Date _____

The Michigan Conference is pleased to sponsor this OUTDOOR EDUCATION opportunity for your son or daughter.

Please meet Dr. Atkins at Camp Sagola at 1:00 pm. (Cell: 269-277-2017)

The following needs to be **turned in at Camp Sagola** during Outdoor Education Student Registration:

- OUTDOOR EDUCATION Student Registration Form
- Camp Sagola Trail Ride/Activity Waiver
- \$55.00 Registration Fee

Camp Sagola Outdoor Education Activity Waiver

I am giving permission for my camp attendee to engage in camp activities during the Camp Sagola Outdoor Education program such as hiking, canoeing, kayaking, snowshoeing, and cross-country skiing. I understand that such activities have inherent risks that include, but are not limited to, loss of control, collisions, obstacles and other potential dangers that could result in personal injury or death.

I represent that my attendee has no health or physical problems that will interfere with camp activities. In consideration of being given the opportunity to participate, my attendee and I assume and accept all risks of injury and dangers involved in these activities. I agree that my camp attendee is responsible for his or her own abilities.

I do support, and the applicant agrees to abide by all camp regulations and policies. As parent or legal guardian of the camp attendee, or for myself if I am over 18 years of age, I release the Michigan Conference Association of Seventh-day Adventists, the Camp Management, its employees and agents, from any and all liability for damages which might result from the camp attendee's participation in these activities.

Print Attendee Name (please print neatly)

Attendee's Signature

Date

Signature of Parent or Legal Guardian
(Please Circle One)

Date

OUTDOOR EDUCATION
School Registration Form*

* Due two weeks prior to your assigned Outdoor Education start date.

Email or FAX this form to Sheri Castanon, Michigan Conference: scastanon@misd.org FAX: 517-316-1582

School: _____ Date of School Board Approval: _____

Number of students attending from your school: _____ Number of adults: _____

Assigned Outdoor Education Date: _____

Name of Teacher/Principal attending with your students: _____

Cell Phone of Teacher/Principal attending with your students: _____

Name(s) of other adult sponsors: _____

Our school plans to arrive at camp at noon to eat our sack lunches brought from home. Yes No

Our school would like the camp store to be opened sometime during Outdoor Education. Yes No

Name(s) of Boy(s) Attending Please type or print legibly.	Grade Level	Name(s) of Girl(s) Attending Please type or print legibly.	Grade Level
1.		1.	
2.		2.	
3.		3.	
4.		4.	
5.		5.	
6.		6.	
7.		7.	
8.		8.	
9.		9.	
10.		10.	

Helpful information

GUIDELINES: Please keep the following in mind when making your plans.

- Teacher needs to thoroughly read packet info, be prepared, inform parents of important information.
- Instruction begins at 2pm on Tuesday. Schools must arrive **ON TIME** to begin at 2pm.
- Arrival on Tuesday: Call Dr. Atkins upon arrival to get information.
- A teacher or principal from your school must attend with your students.
- The **School Registration Form** needs to be submitted to the Office of Education a minimum of two weeks prior to your assigned Outdoor Education date. Please notify the Office of Education if at any point you are unable to attend Outdoor Education.
- **Schools wishing to eat a sack lunch brought from home may arrive at camp at noon to do so.**
- Please communicate with Dr. Atkins if your school has been delayed and you will be arriving late.
- The **Student Registration Form**, the **Camp Au Sable Trail Ride/Activity Waiver**, and the **\$55.00 Registration Fee** need to be turned in when you and your students arrive at Camp Au Sable.
- Please do not take students into town during the Outdoor Education program.

COST: The charge for each student in attendance is \$55.00. This Michigan Conference subsidized fee includes 6 meals, 2 nights lodging, and all needed materials. There will be no charge for the teacher, and no charge for a second sponsor if there are students of the opposite gender attending. **Note: You may request to bring additional adult sponsors. There will be a \$55 adult charge per adult over the ratio of 1 adult female for every 1-6 girls and/or the ratio of 1 adult male for every 1-6 boys.**

TOPICS COVERED: The topics that are covered with your group will be dependent on the time of year, the weather, and the size of your group.

Day One (Tuesday)

12:00 pm- Lunch on the way to camp or at camp (School is responsible for lunch on the drive up)

1:00 pm- Registration at Camp Au Sable; housing will be assigned at Registration

2:00-5:00 pm- Outdoor Education Activities (In Nature Center)

5:00 pm- Dinner (Main Dining Hall)

6:30-8:00 pm- Outdoor Education Activities

Day Two (Wednesday)

8:00 am- Breakfast (Main Dining Hall)

9:30-12:30- Outdoor Education Activities

12:30 pm- Lunch (Main Dining Hall)

2:00-5:00 pm- Outdoor Education Activities

5:00 pm- Dinner (Main Dining Hall)

6:30-8:00- Outdoor Education Activities

Day Three (Thursday)

8:00 am- Breakfast (Main Dining Hall)

9:30-12:30 pm- Outdoor Education Activities

12:30pm- Sack Lunch (Drive home)

Cleaning Duties: Kitchen/Dining room after meals and cabins/bathhouses with inspection prior to leaving Camp on Thursday.

If you have questions feel free to contact Girlie Aguilar or Dr. Gordon Atkins.

Girlie Zunega-Aguilar

Email: gaguilar@misda.org

Cell: 269-697-3136

Dr. Gordon Atkins

Email: gatkins@misda.org

Cell: 269-277-2017

TEACHER RESPONSIBILITIES FOR 5TH GRADE OUTDOOR EDUCATION
(For Principals/Teachers Only)

1. Scheduling Camp Store Visits:

Teachers are responsible for planning and coordinating the time their students visit the Camp Store. Please ensure this is done to avoid overlap with other instructional activities.

2. Active Participation During Instruction:

Teachers are expected to be fully involved during all instructional times and activities. To maintain a focused and productive learning environment, it's essential to minimize distractions. Teachers becoming preoccupied with side conversations or personal tasks can detract from the student's experience and the program's effectiveness. We ask that all teachers be mindful of this and prioritize engagement with the students and the curriculum.

3. Engagement and Enthusiasm:

Teachers should actively engage in all activities, demonstrating enthusiasm as if experiencing them for the first time. Your interest and involvement are crucial to motivating and inspiring the students.

4. Handling Personal Communication:

If you need to take a phone call or send a text, please step out of the instructional area and keep the communication brief. Your prompt return will ensure you remain engaged with the students and activities.

5. Role in Supervision and Support:

The teacher's primary role during the camp is supervising student behavior and acting as a "teacher's aide" to the Camp Staff. Your presence and assistance will help ensure a safe and productive environment for all participants.