



# Discoveryland News



**HAPPY SUMMER!** What a wonderful graduation we had! I enjoyed watching everyone, from the excited students to the smiling family members as the children walked down and performed for you. It was touching to know some of them have been with us for all of their preschool years, and we know they must move on, but we shall surely miss them.

We also had a very fun day at Gilroy Gardens. I was able to see many of you there, and that made my day! I was even able to go on a few rides myself. Thank you for joining us for a fun day.



This month we are also honoring our Fathers on Friday June 16. Therefore, if you are in town Dads, come and join us for a breakfast with Dad here at school between 8am and 10am. Thank you



Dads for being one of the pillars in your home. Your children are amazing because of it.

This month finds us taking a small break from all the business. We will be starting up our summer fun camps on June 19. So if you are staying with us through the summer, check out what we have planned for your little ones. It is going to be a fun, hot, and wet one!

Starting in July 1<sup>st</sup>, Milpitas Discoveryland Preschool will be increasing the tuition. It has been a few years since we have had one. Please keep an eye out for a letter that has been sent to your home and via email. We will also have the information available to you in the office, and posted on the door for your convenience.



Thank you once again for letting us work with your little ones. It is what we love to do.

Have a wonderful month!

Ms. Penny, Director

## DID YOU KNOW...

Discoveryland offers a \$10 early payment discount for monthly full-time tuition paid by the 25<sup>th</sup> of the prior month. See office staff for details

**Dates to Remember**

**June**  
 6 FH Kindergarten Graduation – 6pm  
 16 Father's Day Breakfast 8am – 10am  
 19 Summer session begins

**July**  
 1 Rate Increment  
 3-4 School Closed for 4<sup>th</sup> of July Holiday



- 2 Max Hsieh (rm 5)
- 8 Ruijie Zhu (rm 3)
- 15 Anushka Kandhavel (rm 5)
- 16 Anh Nguyen (rm 2)
- 17 Ms. Angela (teacher)
- 18 Queenie Zuo (rm 5)
- 24 Mayalynn Tablang (rm 5)
- 29 Aidan Razo (rm 5)



**RATE INCREASE**  
Effective July 1, 2017

**Discoveryland Preschool**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Croissant, Fresh Fruit, & Milk  <i>Mac' &amp; Cheese, Big Franks, Green Beans, Toasted Bread, Fresh Fruit, &amp; Milk</i>  Wheat Thins Crackers & Mango Juice	2 Corn Chex Cereal, Fresh Fruit, & Milk  <i>Pizza w/Sausage, Curly Fries, Fresh Fruit, &amp; Chocolate Milk</i>  Ritz Crackers & Cranberry Juice
5 Cheerios, Fresh Fruit, & Milk  <i>Spaghetti w/Marinara Sauce, Toss Salad, Sliced Bread, Fresh Fruit, &amp; Milk</i>  Triscuit Crackers & Apple Juice	6 Pancakes, Stripples, Fresh Fruit, & Milk  <i>Haystacks, Corn, Spanish Rice, Beans, Fresh Fruit, &amp; Milk</i>  Goldfish Crackers & Grape Juice	7 Bagels, Fresh Fruit & Milk  <i>Turkey Tortas, Broccoli, Fresh Fruit, &amp; Milk</i>  Cheese it Crackers & Orange Juice	8 French Toast, Fresh Fruit, & Milk  <i>Teriyaki Hamburger, Steam Rice, Peas &amp; Carrots, Fresh Fruit, &amp; Milk</i>  Graham Crackers, Milk, & Cranberry Juice	9 Raisin Bran Cereal, Fresh Fruit & Milk  <i>Hot Dogs, Tater Tots, Fresh Fruit, &amp; Milk</i>  Wheat Thins & Mango Juice
12 Corn Chex Cereal, Fresh Fruit, & Milk  <i>Penne Rigate Pasta w/Alfredo Sauce, Garden Salad, Garlic Bread, Fresh Fruit, &amp; Milk</i>  Pita Bread w/Jam & Grape Juice	13 Waffles, Fresh Fruit & Milk  <i>Bean &amp; Cheese Burrito, Green Beans, Spanish Rice, Fresh Fruit, &amp; Milk</i>  Ritz Crackers & Orange Juice	14 Cinnamon Toast, Fresh Fruit & Milk  <i>Chik'n Nuggets, Broccoli, Jam Sandwich, Fresh Fruit, &amp; Milk</i>  Wheat Thins Crackers & Cranberry Juice	15 Egg English Muffins, Fresh Fruit, & Milk  <i>Turkey Strips, Steam Rice, Mix Vegetables, Fresh Fruit, &amp; Milk</i>  Goldfish Crackers & Apple Juice	16 Cheerios Cereal, Fresh Fruit & Milk  <i>Cheese Burger, Curly Fries, Fresh Fruit, &amp; Milk</i>  Cheese-it Crackers & Mango Juice
19 Raisin Bran Cereal, Fresh Fruit, & Milk  <i>South of the Border Pasta, Toss Salad, Garlic Bread, Fresh Fruit, &amp; Milk</i>  Animal Crackers & Cranberry Juice	20 Croissant, Fresh Fruit, & Milk  <i>Cheese Quesadilla, Spanish Rice, Corn, Fresh Fruit, &amp; Milk</i>  Granola Bars, Yogurt, & Grape Juice	21 Blueberry Mini Muffins, Fresh Fruit & Milk  <i>Chik'n Salad Wrap, Green Beans, Fresh Fruit, &amp; Milk</i>  Triscuit Crackers & Mango Juice	22 Egg & Cheese Burrito, Fresh Fruit, & Milk  <i>Chik'n Chow Mein, Peas &amp; Carrots, Fresh Fruit, &amp; Milk</i>  Ritz Crackers & Apple Juice	23 Corn Chex Cereal, Fresh Fruit, & Milk  <i>BLT Stipples Sandwich, Tater Tots, Fresh Fruit, &amp; Chocolate Milk</i>  Goldfish Crackers & Orange Juice
26 Cheerios, Fresh Fruit & Milk  <i>Lasagna, Cucumber, Fresh Fruit, &amp; Milk</i>  Animal Crackers, Milk, & Apple Juice	27 Pancakes, Scramble Eggs Fresh Fruit, & Milk  <i>Cheese Enchilada, Spanish Rice, Broccoli, Fresh Fruit, &amp; Milk</i>  Ritz Crackers & Mango Juice	28 Bagels w/Cream Cheese, Fresh Fruit & Milk  <i>Corn Dogs, Green Beans, Fresh Fruit, &amp; Milk</i>  Cheese-it Crackers & Grape Juice	29 French Toast, Fresh Fruit, & Milk  <i>Chk'n Divan, Peas &amp; Carrots, Sliced Bread, Fresh Fruit, &amp; Milk</i>  Wheat Thins & Orange Juice	30 Raisin Bran Cereal, Fresh Fruit, & Milk  <i>Grilled Cheese Sandwich, Curly Fries, Fresh Fruit, &amp; Chocolate Milk</i>  Triscuit Crackers & Cranberry Juice



Ideas for Healthier Living

- Toss a colorful salad – use a variety of colors and textures.
- Practice preventive health – get vaccines and health screenings.
- Zzzzzzz – get more sleep.
- Pump it up – lift some weights and build more muscle.
- Be creative – make your meals delicious and fun.
- Snack smarter – choose veggies and fruits over salts and sugars.
- Eat you fiber – put more beans and whole grains into your meals.
- Move more – speed walk, hula hoop, dance, move!
- Keep learning – exercise your mind, too!
- Take 15 – take time to relax and breathe!
- Give -- it'll make you feel great!

