

Revival for *One*



Reigniting the fire in your
personal prayer life

Washington Conference Prayer Ministries
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Why Pray?

1. To recognize our **NEED**

- *Desire of Ages, 300 – “From the soul who feels his need nothing is withheld. He (or she) has unrestricted access to Him in whom all fullness dwells.”*
- “Prayerlessness is my declaration of **INDEPENDENCE** from God.”

2. To **KNOW** Him

- Mark 3:13-15

3. **ASSURANCE**

- Romans 8:16

4. **CONNECTION**

- John 15:5-7

5. **FOCUS**

- Luke 21:34-36

6. Hearing God's **VOICE**

- *"The heart and soul of the Christian life is learning to hear God's voice and developing the **COURAGE** to do what He tells us to do." --Bill Hybels, *Too Busy Not to Pray**

7. **ESTABLISHING** the Kingdom

- Intercessory Prayer

8. Deliverance from **BUSYNESS**

- *"Most Christians are just **TOO BUSY**. And the archenemy of spiritual authenticity is **BUSYNESS**, which is closely tied to something the Bible calls **WORLDLINESS** --getting caught up with this society's agenda, objectives and activities to the neglect of walking with God."--Bill Hybels*

When

It takes **TIME**.

*"Any way you cut it, a key ingredient in authentic Christianity is **TIME**. Not leftover time, not throwaway time, but quality time. Time for contemplation, meditation and reflection. Unhurried, uninterrupted time."--Bill Hybels*

Practical Principles of Personal Prayer

Pray with **CREATIVITY**

"The notion that religion is dull, stupid and sleepy is abhorrent to God, for He has created infinite variety and He loves to surprise us. If you are weary of some sleepy form of devotion, probably God is as weary of it as you are. Shake out of it, and approach Him in one of the countless fresh directions." --Frank Laubach

Pray with **SPONTANEITY**

- John 4:21, 23-24
- Psalm 139:7-10

Pray with **PRAISE/THANKSGIVING**

- Psalm 100:4
- Philip. 4:6-7

Pray with **SINGING**

- Ephesians 5:19
- Colossians 3:16

Pray in **SILENCE**

- Psalm 46:10
- Romans 8:26, 27

Pray on **PAPER**

- Prayer journaling
- Scripture journaling (Respond in writing to what God is saying to you in the scripture below. Use the lines provided.)

*“For He (God) Himself has said, I will not in any way fail you nor give you up nor leave you without support. I will not, I will not, I will not in any degree leave you helpless, nor forsake nor let you down, [relax My hold on you].--Assuredly not!”
(Hebrews 13:5, Amplified)*

Over the **NEWS**

With an open **BIBLE**

With a **PARTNER**

For the **PASTOR**

For others (**INTERCESSION**)

For **REVIVAL**

With **BLESSING** (Numbers 6:22-27)

- Insert your child's name in the blessing.
- Place your hands on the child.
- Speak words of affirmation/a positive future.
- Claim appropriate Bible promises.
- Significant rites of passage/life events.

PRAYER

Pray as you can, and don't try to pray as you cannot. Take yourself as you find yourself.

The only way to pray is to pray; and the way to pray will is to pray much. The less one prays the worse it goes.

Begin wherever you find yourself, but do not force yourself into feelings of any kind.

If you don't know what to do when you have a quarter of an hour alone in church, then shut out everything else and just give yourself to God. Beg Him to have mercy on you and offer Him all your distractions.

You can't get rid of the worries of this world or the questionings of the intellect, but you can laugh at them. Laugh at yourself and then think of God.

Pure prayer is of the will; it is pure intention without words. Do not worry about what you should think or feel; if your intention is to cling to Him, you're praying well. Feelings are useful for beginners, but they are not to be depended on. Do not mind if you do not feel love for God or if you feel commotion or rebellion. Just pray that you may give yourself to God as you are, and try to want what He wants.

Minimize what happens in your own soul and maximize God's love for you. Do not think that distraction, dryness, and suffered temptation and desolation are merely stages on your way to perfection. Jesus suffered temptation and desolation to show us that they are not incompatible with perfection, but, in fact, are part of it. Progress will be made when we become more and more indifferent as to what state we are in.

Do not try to be simple; God does that for you. Your part is to think of others; to be with God; to despise thinking about your own "spiritual state." Simply be what God enables you to be at this moment.

Kenneth J. Holland