

## Welcome

We want to welcome you to the Bismarck Seventh-day Adventist church. Whether you are a visitor or a long time member we hope that you experience God's presence as well as warm Christian fellowship today here at church. Have a Happy Sabbath!

## Announcements:

Feb. 8 – Exploring Galatians and Ephesians – 6:00pm  
Feb. 8 – Proverbs Promises – after potluck  
Feb. 9 – Germans from Russia Cooking Class – 2-4pm  
Feb. 10 – Brentwood Board Meeting – 7:00pm  
Feb. 11 – Church Board Meeting – 6:45pm  
Feb. 13 – Dropping Pounds – 6:30pm

**Brentwood:** is selling delicious Minntex Fruit again!  
Please see a Brentwood student, Traci Thingvold - 400-7476,  
Dixie Thoman - 400-7140, or Debra Eszler- 828-674-9767 to order  
or for more info.

**DAA's Academy Days:** Meet friends, explore classes, experience dorm life, meet teachers and try out DAA's programs. Register on line at [www.mydaa.org](http://www.mydaa.org) and attend the celebration on Feb. 21 -23 at DAA.

**Dakota Conf. Men's Retreat:** Men's Retreat will be held at the Rough Rider Hotel in Medora, ND on March 13-15, 2020. Dr. Conrad Vine, president of Adventist Frontier Missions, will be the featured speaker for the weekend. Elder Neil Biloff will also be presenting a morning and evening message on Sabbath. Registration may be submitted online at [www.dakotaadventist.org](http://www.dakotaadventist.org). If you have further questions, please call the conference at 701-751-6177 or email Randy Rubbert at [maryrandy@wildblue.net](mailto:maryrandy@wildblue.net).

## THE CHURCH AT WORSHIP

11:00 a.m. – 12:15 p.m.

### DENIAL AND RESTORATION

Musical Prelude		
Welcome & Announcements	David Candy	
Invocation	Pastor Tyler Bower	
Praise Time	Are You Washed In the Blood Glory To His Name	Praise Team
Tithe and Offering	Adventist TV Ministries	Pastor Tyler Bower
Children's Story		Erik Short
Scripture and Prayer	1 John 1:8 – 2:2	David Candy
Sermon	The Gospel of John pt. 28: Denial and Restoration	Pastor Tyler Bower
Closing Song	#294 Power In the Blood	Praise Team
Benediction		Pastor Tyler Bower
Elder of the Month – David Candy Sunset Today: 5:54 p.m. Sunset next Friday: 6:05 p.m. Offering next Sabbath: Local Church Budget		
Pastor Tyler Bower		Church Secretary
972-352-7437		701-226-4765

[bismarcksdasecretary@midconetwork.com](mailto:bismarcksdasecretary@midconetwork.com)

February 8, 2020  
Bismarck Seventh-day  
Adventist Church



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701-223-6830  
[www.bismarcksda.org](http://www.bismarcksda.org)



## Announcements Continued:

**Small Groups:** Our next semester of small groups begins tomorrow! It's not too late to sign up. Group descriptions are in the bulletin and the sign-up table is in the foyer

**Group Updates:** Please note the following small group changes. Dropping the Pounds will now be meeting at the Church (all other details remain the same). Proverb's Promises will have its first meeting at 1:30pm (after potluck) on Feb. 8 here at the church.

**Weekly Prayer Session:** Join us each Sabbath at 9:45am for a brief time of prayer in the sanctuary before our regular Sabbath School classes.

## Bismarck Seventh-day Adventist Church

Small Group Catalog  
"Spring" 2020

Our "**Spring**" semester of small groups begins the week of **February 1** and ends on **April 11**. We have several group options for you to try. We're confident that whatever group you join will be a blessing!

**How to Join a Group:** Take a look at the selections for this semester. Find a group that seems interesting to you. Fill out a communication card (located in the pews and in the foyer) and turn it in. You can also sign up at the table in the foyer. That's all there is to it. The group leader or coordinator will contact you to welcome you to the group and answer any questions you might have.

### **Name: Germans from Russia Cooking Class Group #: 01**

**Group Leader:** Kimber and Tami Flemmer  
**Location:** Bismarck SDA Church  
**Time:** 2-4pm Sunday

**First Meeting:** Feb. 2

**Description:** Have you ever wished you knew how to make kase knephla, strudel, kuchen, knephla soup or plachinda? Well you're in luck! Each week will be a hands-on demonstration, cooking and consuming these all-time favorites. Meetings will be held Sundays 2 pm – 4 pm at the church. Maximum class size is 15, with a one-time fee of \$5.00 per person to help cover the cost of ingredients.



### **Name: Wonderfully Whimsical Wednesday**

#### **Board Game Night**

**Group #: 02**

**Group Leader:** Benjamin and Natosha York  
**Location:** York's Home  
2401 40th Ave SE Apt. 314, Mandan  
**Time:** 6:00pm 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays

**First Meeting:** Feb. 5

**Description:** Looking for fun night of games and laughter? Join other light-hearted folk for a night of board and social games. All ages are welcome, though we will likely be playing games that are a little hard for toddlers! We'll be meeting the 1st and 3rd Wednesday of every month at the York's apartment. There is a community room that we all can meet in. We will have a selection of games, but feel free to bring any and all games you might have.



### **Name: Dropping the Pounds**

**Group #: 03**

**Group Leader:** Tyler Bower  
**Location:** Bismarck SDA Church  
**Time:** 6:30pm Thursday

**First Meeting:** Feb. 6

**Description:** Looking to lose the holiday weight gain without having to get a gym membership or radically change the way you eat? This is the group for you. Our weight loss group will focus on the science of weight loss/gain and provide practical (and simple) ways for you to take control of your waistline. We will share recipes geared to ramp up fat loss as well as tips on how to stick with it. Whether you are low carb, plant based, vegan, or carnivore the principles of this group will apply to you. Special bonus: food will be provided each week!



### **Name: Exploring Galatians and Ephesians Group #: 04**

**Group Leader:** Tyler Bower  
**Location:** Bob and Deb Hieb's Home  
1525 Buccaneer Pl.  
**Time:** 6:00pm Sabbath

**First Meeting:** Feb. 8

**Description:** Our group will focus on discussing the epistles of Galatians and Ephesians. We have snacks each week as well as a time for study and prayer. This group is a continuation from our Exploring Romans group and all are welcome to join.



### **Name: Proverb's Promises**

**Group #:05**

**Group Leader:** Kurt Styron  
**Location:** Bismarck SDA Church  
**Time:** After Potluck

**First Meeting:** Feb. 8

**Description:** In this group we will pray, praise, and discover buried treasures in the book of Proverbs. We will choose a meeting date, time, and location by group consensus after sign-ups have begun.

